



HINDSIGHT

year in review

/ /



HIGHLIGHTS OF THE YEAR:

- 1 _____
- 2 _____
- 3 _____

HOW I FEEL ABOUT THE PAST 12 MONTHS:

SOME CHALLENGES I FACED:

THINGS I DID THAT I AM PROUD OF:

3 WORDS TO DESCRIBE WHO I'M BECOMING:

--	--	--



GROWTH

is a process

/ /



WAYS I HAVE GROWN:

HOW DO I FEEL?
<hr/>
<hr/>
<hr/>
<hr/>
<hr/>
<hr/>
<hr/>

HOW DO I WANT TO FEEL?
<hr/>
<hr/>
<hr/>
<hr/>
<hr/>
<hr/>
<hr/>

HOW DO I NURTURE THE SEEDS I HAVE PLANTED?

final thoughts on this past year:



INTENTIONS

energy I'm creating

/ /

WHAT MY HEART IS LONGING FOR THIS YEAR:

MY ONE WORD:

MY WORD DEFINED:

- 1 _____
- 2 _____
- 3 _____

AFFIRMATION:

MORE OF THIS:

LESS OF THIS:

QUOTE, SCRIPTURE, OR THOUGHT ON MY HEART:

AT THE END OF THE YEAR, I WANT TO BE:

